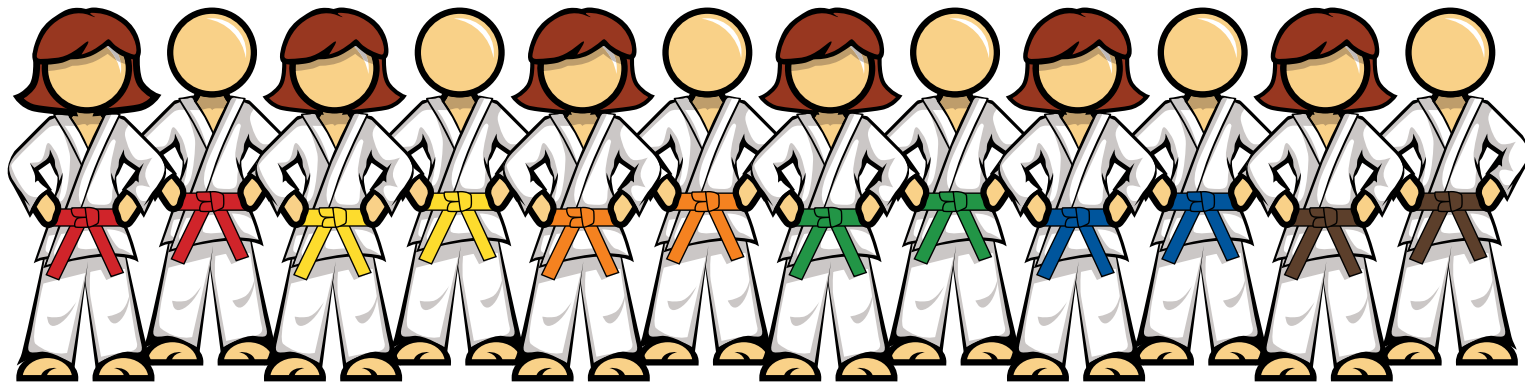




Nokemono Judokwai

Guide to your gradings



Your Judo grading structure

Sho 1	Age 3-7		Examined in class		1st Mon	Age 8-10		Examined during internal grading day		6th Kyu	Age 16 and above		Examined during internal grading day	
Sho 2	Age 3-7													
Sho 3	Age 3-7													
Sho 4	Age 3-7		Examined in class		2nd Mon	Age 8-10								
Sho 5	Age 3-7													
Sho 6	Age 3-7													
Sho 7	Age 3-7		Examined in class		3rd Mon	Age 8-10								
Sho 8	Age 3-7													
Sho 9	Age 3-7													
This chart shows how the grades are broken down into bite size chunks for different age groups, taking into consideration memory retention and concentration levels for each age range, allowing everyone to learn at their own pace while allowing progression for all ages driven by the ability of the individual student.						4th Mon	Age 8-10		Examined during internal grading day		5th Kyu	Age 16 and above		
						5th Mon	Age 8-10							
						6th Mon	Age 8-10							
						7th Mon	Age 11-15		Examined during internal grading day		4th Kyu	Age 16 and above		
						8th Mon	Age 11-15							
						9th Mon	Age 11-15							
						10th Mon	Age 11-15		Examined during internal grading day		3rd Kyu	Age 16 and above		
						11th Mon	Age 11-15							
						12th Mon	Age 11-15							
						13th Mon	Age 13-15		Examined during internal grading day		2nd Kyu	Age 16 and above		
						14th Mon	Age 13-15							
						15th Mon	Age 13-15							
						16th Mon	Age 13-15		Examined during internal grading day		1st Kyu	Age 16 and above		
						17th Mon	Age 13-15							
						18th Mon	Age 13-15							

Age 5-7 Sho Grades

Sho 1		Novice up to and including 9th Sho ages 3-7 Candidates may be promoted one Sho every three calendar months. If there is any part of your grading that you are unsure of please ask on of the Nokemono coaches.
Sho 2		
Sho 3		
Sho 4		
Sho 5		
Sho 6		
Sho 7		
Sho 8		
Sho 9		

Sho Gradings are run during our Niblets classes in line with our quarterly gradings.

The children are assessed in class and will be asked to demonstrate what is required for the sho grading, we will run it as an informal and relaxed exam, if they don't pass there will be no charge for the grading, we will then continue to go through the requirement during classes until they are able to pass their grades. There will only be a small charge when they pass their grading and the grading will then be registered with the British Judo Association.

When you become 8 years old your Sho grade will convert to a Mon grade at your next grading, below is the conversion chart

Transfer of Sho Awards to Mon Grade

Sho 1			1st Mon	
Sho 2				
Sho 3				
Sho 4			2nd Mon	
Sho 5				
Sho 6				
Sho 7			3rd Mon	
Sho 8				
Sho 9				

Age 8-17 Mon Grades

1st Mon	Age 8-10		Novice up to and including 6th Mon ages 8-17
2nd Mon	Age 8-10		
3rd Mon	Age 8-10		
4th Mon	Age 8-10		Candidates may be promoted one Mon every calendar month. This allowance for ages 8-17 is because it is known and accepted that at this age range, young people have a greater capacity for learning and therefore more able to undertake examination at shorter intervals. Any promotion from 3rd Mon (changing to Yellow belt) and above you will need to attend an internal competition, the change of colour needs to be proven in contest. Any promotion from 10th Mon where the belt changes colour you will also need to attend an external competition.
5th Mon	Age 8-10		
6th Mon	Age 8-10		
7th Mon	Age 11-15		
8th Mon	Age 11-15		
9th Mon	Age 11-15		
10th Mon	Age 11-15		
11th Mon	Age 11-15		
12th Mon	Age 11-15		
13th Mon	Age 13-15		
14th Mon	Age 13-15		
15th Mon	Age 13-15		
16th Mon	Age 13-15		
17th Mon	Age 13-15		
18th Mon	Age 13-15		

Age 16+ Kyu Grades

6th Kyu		Novice up to and Including 5th Kyu Candidates may be promoted one Kyu grade per calendar month.
5th Kyu		From 5th Kyu and above Candidates may be promoted one Kyu grade every three calendar months.
4th Kyu		There is no limit to the number of attempts to gain promotion. At Nokemono any senior promotion from 5th Kyu and above you will also need to attend an external competition. Please discuss this with one of the Nokemono coaches.
3rd Kyu		Any promotion from 5th Kyu (changing to Yellow belt) and above you will need to attend an internal competition, the change of colour needs to be proven in contest.
2nd Kyu		Any promotion from 4th Kyu and above you will also need to attend an external competition.
1st Kyu		

Mon and Kyu Gradings are run quarterly gradings, students can be promoted one grade every three months.

Age 16+ Dan Grades

		Japanese	Minimum age	Minimum time in previous grade	Competition points	Level one Kata requirement
1st Dan		Shodan	15	1 year	100	Nage No Kata
2nd Dan		Nidan	17	2 years	100	Katame No Kata
3rd Dan		Sandan	20	3 years	120	Ju No Kata
4th Dan		Yondan	24	4 years	120	Kime No Kata
5th Dan		Godan	29	5 years	120	Kodokan Goshin Jutsu
6th Dan		Rokudan				
7th Dan		Shichidan				
8th Dan		Hachidan				
9th Dan		Kudan				
10th Dan		Judan				

Dan gradings are external events where you fight for points as shown above, you will also need to complete a Dan grade assessment, along with a Kata certification.